

Breakfast Hash

Ingredients:

- 2 T Organic Butter
- 1 Small baked Potato
- 1 small Yellow Onion chopped
- 6 Cage Free Eggs
- ½ cup chopped bacon
- ¼ tsp Celtic Sea Salt
- ¼ Pepper
- 1/8 cup fresh Parsley (optional)

Directions:

In large skillet, melt butter. Chop up precooked potato and add to butter. Add onions. Cook on medium until potatoes are a bit brown. Add Scrambled eggs, bacon and spices. Cook until eggs are done. Enjoy!